

# NEWSLINE

A PUBLICATION OF THE COLLEGE ON PROBLEMS OF DRUG DEPENDENCE, INC.  
Volume Twenty-One, Number Four • November 2017

## CPDD President's Column

*Alan J. Budney*  
*President, CPDD*

Greetings to everyone! I'll jump right into a few CPDD related topics that I think will interest many of you.

First, I want to thank all of you who submitted **symposium proposals for our 2018 meeting**. The Program Committee has now reviewed these and made their selections. The exciting news is that we had approximately 47 symposia and 13 workshop proposals submitted, and that the Committee had so many excellent proposals from which to choose. However, we could only accept 19 symposia, and a few that were changed to workshops and one forum, so less than half will be presented at our meeting in San Diego. I know that this is disheartening to those whose proposals were not accepted. Believe me, it is now 2 years in a row that mine have not made the cut, so I feel your pain. Many factors go into the selection process: quality, redundancy within the current pool of proposals or with recent years' selected topics, membership interest, programming for diverse topic areas, etc. I want to encourage two things. First, please put in abstracts for the talks that would have made up your symposium. As you are likely aware, the Program Committee will create oral sessions from the pool of abstracts on specific topic areas, which sometimes end up resembling a symposium that was submitted, but with more talks in it. Also, if you get assigned to a poster, CPDD has the best poster sessions of any conference I know! Second, please try again next year. We truly value everyone's research and dedication to the College, and we want you to present your work at the annual meeting every year. If you remain troubled or are looking for advice, please don't hesitate to send me a note and I would be happy to discuss this topic with you!

Second, we are planning to **expand the number of travel awards** given out this year to support attendance at the 2018 meeting in San Diego. Most of these awards will target junior investigators. We are running a little behind in solidifying and announcing these opportunities. Please

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be on the lookout for announcements.

Third, our **2018 CPDD meeting (June 9-14) will be a "joint" meeting with INRC (International Narcotics Research Conference) and RSA (Research Society on Alcoholism)**. The INRC conference (June 12-16) will overlap with CPDD, and the RSA meeting (June 16-20) will immediately follow CPDD. INRC conference programming will be integrated with CPDD programming on June 13-14. On the Friday (June 15) following the usual end of our conference on Thursday, there will be an overlapping program of science (i.e., symposia) that has been developed by the collaborative efforts of the CPDD and RSA and INRC Program Committees. Note that this will be the first "joint" meeting with RSA in many years. We last held a successful overlap meeting with INRC in 2015. Please consider extending your stay for what will be an excellent day of science, and if possible stay for more of INRC or RSA as well!

Fourth, you may be aware that we have recently extended efforts to raise funds for the College. Indeed, **we have established a Development Committee**, charged with the task of formulating a plan for such efforts that are consistent with the mission of CPDD. I bring this to your attention for a few reasons. One, I wanted to reassure all of our members that the College's finances are stable, and that we have what is considered the adequate amount of funds in reserve for nonprofit organizations such as ours. That said, our Board of Directors and Executive Committee have been (a) brainstorming ideas related to enhancing CPDD activities and efforts directed towards our scientific and public health mission and (b) considering ways to provide more support to our members, particularly trainees and junior faculty, who may have difficulty with the cost of attending the annual meeting. In other words, we want to do more to advance science, contribute to improving public health, and grow the scientific workforce that can make that happen. Given the uncertainty of federal funding, which has helped support some activities of the College, particularly as related to the annual meeting, we think it is prudent to be thinking about how we can enhance our activities and support of our members and guarantee our financial stability, without substantially increasing registration or membership fees. You will see a brief article on our newly formed Development Committee in this edition of Newsline. If you have ideas related to this important topic, please don't hesitate to send them along. Here is a link to my email: [alan.j.budney@dartmouth.edu](mailto:alan.j.budney@dartmouth.edu)

Fifth, although this may get annoying and redundant, I have pledged to myself that I will use each opportunity to communicate (preach) to the membership on **the importance of advocacy and community education in our professional lives**. Collectively, we can influence many aspects of the environment that impact our science other than publishing in journals, presenting findings at scientific conferences, and lecturing/mentoring our students. We can and

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should take actions that can have impact: the funding and support of our science, regulations that impact our ability to do science, public health perspective and approaches, regulations that impact public health outcomes, and bottom line, the health of individuals in our society. So please, when the opportunity presents itself, take a few moments and act – e.g., write the letter, press the link to action, pass along the calls to action, contact your Congressperson. Take the time to speak to youth, community groups, medical groups, your legislature, and yes, even the media. Let them know what we know, what we need to learn about, and what science indicates is a good course of action – express your opinions! Scientists are allowed to have opinions. Unfortunately, as most of us are painfully aware, the data don't speak for themselves (not sure I have the grammar correct). If our research and academic efforts are to have the impact they deserve, we need to act outside of academia. One last note, CPDD has a new Public Policy Officer, Sandra Comer, who is working tirelessly on education and advocacy aimed at our federal lawmakers. If you run into Sandy, please express your appreciation for the great work she is doing in this area, in addition to the continued major contributions she makes to our understanding of opioid pharmacology and intervention.

Sixth, I thought you should know that **the Executive Office has been down a support person** for over 6 months now. So please appreciate the efforts of the current staff to keep things going smoothly. We have had a series of disappointments with hiring a replacement but expect that the new IT administrator will assume the position in December. The reduced workforce has particularly slowed down efforts to move forward on some exciting IT and social media innovations that we are all eager to get going.

I'll finish with a little more redundancy from my last column. *Your input on and service to CPDD is highly valued!* Please send along your comments and ideas related to (a) our annual conference -- scientific program, location, length of conference, poster logistics, registration fees and logistics, social activities, innovative types of programs, (b) things you think would attract new members and maintain participation and of current members, (c) ways to facilitate better communication among the membership, (d) absolutely anything else. Here is a link to my email – don't hesitate to chime in! [alan.j.budney@dartmouth.edu](mailto:alan.j.budney@dartmouth.edu)

Please, speak out, volunteer, and become a full partner in CPDD's mission!

Best,

Alan J. Budney  
President, CPDD (2017-2018)

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## NEWS FROM THE COMMITTEES

### Program Committee



**Bill Stoops**  
Chair,  
Program Committee

The CPDD Program Committee is hard at work planning the 2018 meeting in San Diego. Currently, we are reviewing applications for symposia, workshops and forums. This is a highly competitive process (e.g., approximately 1/3<sup>rd</sup> of symposia applications were accepted last year), helping ensure that only the best, most innovative science is presented at our annual conference. Decisions regarding acceptance of applications will be sent no later than mid-November to allow presenters in applications that were not accepted to submit for the regular abstract deadline of **December 1, 2017 at 11:59 PM Eastern time**. The Program Committee will next turn to reviewing abstracts submitted for the meeting. When reviewing abstracts, we group promising sets of abstracts into topics for oral communications that complement those of accepted symposia, workshops and forums to “round out” coverage of the broad interests of CPDD members.

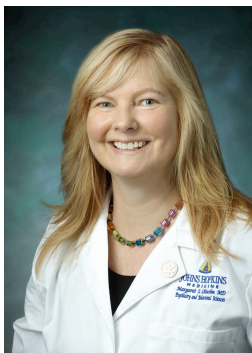
This year, the Committee will also be experimenting with some modifications to program format and timing to evaluate potential changes needed to fit into our shorter meeting duration in San Antonio in 2019. Several other program details warrant mention. First, this year, CPDD will be having some joint programming with the International Narcotics Research Conference (INRC). We have planned several shared symposia with topics of interest to members of both societies. Second, CPDD and INRC have partnered with the Research Society on Alcoholism (RSA) to create a small satellite meeting in the afternoon on June 15<sup>th</sup>, 2018. Details are still being finalized and will be announced through the listserv, but we envision this satellite as a way for individuals who attend CPDD, INRC and/or RSA to bridge between these meetings—this is the first time in many years that CPDD and RSA are being held back-to-back in the same city.

*William (Bill) Stoops, Chair*

*Elise Weerts, Past-Chair*

*Howard Chilcoat, Danielle Ramo, Theresa Franklin, Sterling McPherson, Kevin Freeman, Gregory Collins, Cassie Gipson-Reichardt, Jillian Hardee, Stephen Kohut, and Maria Parker*

### Media Committee



**Meg Chisolm**  
Chair,  
Media Committee

The CPDD Media Committee’s primary responsibility is the selection of the annual CPDD/NIDA Media Award, presented to an individual or organization who has helped increase public awareness of substance use research and treatment. Nominations are solicited through members of the College. In addition, each Media Committee member is responsible for putting forward at least one nominee, and for reviewing and voting after all nominations are in. Last year’s CPDD/NIDA Media Award to journalist Sam Quinones in honor of his highly acclaimed book *Dreamland: The True Tale of America’s Opiate Epidemic*.

For the past 4 years, the Committee has also organized a well-attended Media Forum session for the annual meeting. This is an opportunity for CPDD scientists to present research of broad public interest in a succinct, media-friendly manner. Each Media Committee member reviews all oral abstract communications (over 150) to

News from the Committees *continued from page 4*

select the “hottest” topics for this session. Last year’s Media Forum featured presentations by 18 scientists.

The Committee currently has 10 active members, including 4 who joined this year: Amy Goodwin, Alexander Caudarella, Lora Cope, and Phillip Vieira (the last 3 are all members-in-training). Other members include Suzanne Spear (whose 3-year term ends following the 2018 CPDD meeting), Amy S. B. Bohnert, Amy C. Janes, Joseph J. Palamar, and Mishka Terplan. The Committee meets yearly at the CPDD meeting and conducts the bulk of our work by email the rest of the year.

With the rise of social media and its relevance to mainstream news and other news media, the Media Committee has begun to coordinate efforts with the CPDD leadership regarding the organization’s social media strategy in order to enhance CPDD’s impact on the general public and scientific community.

*Margaret (Meg) Chisolm, Chair*

*Bertha Madras, Past-Chair*

*Suzanne Spear, Amy Bohnert, Amy James, Joseph (Joey) Palamar,  
Mishka Terplan, Alexander Caudarella, Amy Goodwin, Phillip Vieira,  
Laura Cope*

## Development Committee

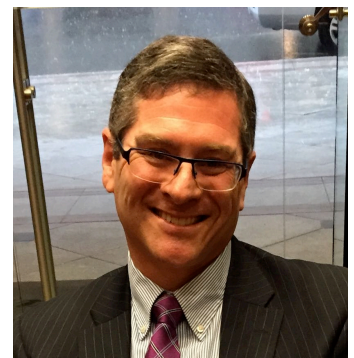
CPDD strives to maintain high quality, innovative programming, and to enable young investigators to attend our Annual Meeting, despite increasing financial pressures. The Development Committee was re-established in 2016 to help CPDD fulfill its stated missions (<http://cpdd.org/about-us/>) by implementing new fundraising strategies that support expansion of existing and creation of new programs.

Initiatives identified by the Executive Committee as funding priorities include our Travel Awards and our Public Advocacy programs. Many in our community have benefitted from our Travel Awards program. In this lean funding era, CPDD aims to provide even more Travel Award support for young scientists who could not otherwise attend our Annual Meetings. With regard to our highly successful 2017 Advocacy Day (<http://cpdd.org/wp-content/uploads/2017/03/2017-Highlights-from-CPDD-Advocacy-Day.pdf>), participants traveled to Washington, DC at their own expense. In future, CPDD hopes to be able to defray at least some travel costs, enabling more participation and greater impact.

This past year, the Development Committee launched a Board of Directors Giving Campaign, which was so successful (90% participation) that we are making it an annual event. We also are planning to extend the Campaign to include our past leadership (CPDD Fellows). Our intention is to establish a culture of giving within CPDD and to position CPDD as a philanthropic priority for members and supporters.

We are very interested in hearing development ideas from the entire CPDD community. Do you have contacts who might be interested in providing financial support to CPDD or sponsoring CPDD activities? Let us know!

Lastly, if you make charitable donations, please consider including CPDD in your giving plans. All donations, large and small, are welcome and are tax-deductible. A donation form is found here (<http://cpdd.org/wp-content/uploads/2015/04/donationsform.pdf>). If you shop online with Amazon here



**Marc Kaufman**  
*Chair,  
Development Committee*

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(<http://cpdd.org/support-cpdd/donate-with-amazon-smile/>), 0.5% your purchase price (occasionally 5% – CPDD will announce this) will be donated to CPDD. With your generous support, CPDD can expand its programs and extend its influence nationally and internationally.

*Marc Kaufman, Chair*

*Loretta Finnegan, Colleen Hanlon, Charles O’Keeffe, Linda Porrino,  
Beatriz Rocha, Edward Sellers, James Sorenson*



Margaret Haney  
*Chair,  
Nominating Committee*

## Nominating Committee

The job of the Nominating Committee, elected or appointed anew each year, is to determine who will run for President, Board of Directors (BOD), and Treasurer (if there is an opening). The committee consists of 7 members: 3 current members of the BOD (the President-elect and 2 members appointed by the President), 2 Fellows (elected by the Fellows) and 2 Regular Members (elected by the Regular Members and Associate Members). The election of the Fellows and Regular members occurs each June at the annual Business Meeting. The President-Elect splits the attendees into 2 groups: (1) Fellows and (2) Members and Associate Members, and asks each group to nominate of their own to be members of the Nominating Committee. Those present at the Business meeting then vote and the 2 individuals from each group who get the most votes become part of the Nominating Committee. Word of warning! Anyone interested in running for one of the opening slots should not become a member of the Nominating Committee, as committee members are ineligible to run for office that year.

In September, the membership at large is emailed a list of individuals eligible to run for each position, and is encouraged to submit nominations by mid-October. Members of the Nominating Committee are tasked with suggesting several people for each opening. Given that CPDD represents a vast range of expertise, from medicinal chemistry and basic science to epidemiology and public policy, a priority is to select nominees who represent the same discipline as those leaving the BOD. Note, the nomination process is quite painless (no letters of recommendation needed). Nominators just need to confirm that nominees would like to run, enter some basic information about them and ask them for a brief bio to upload.

Next, the Nominating Committee ranks the candidates and has a teleconference to discuss who the 2 candidates for each position should be, attempting to ensure diversity on the Board across gender, race, ethnicity and home institution. In November, the membership votes in the officers to take effect the following June.

*Margaret Haney, Chair*

*Kathleen Carroll, Margaret Chisolm, Andrew Coop, Linda Dwoskin,  
Colleen Hanlon, Jennifer Tidey*

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News from the Committees *continued from page 6*

## Human Research Committee

The 2017-2018 Human Research Committee convened during the 2017 CPDD meeting in Montreal. The overall mission of the Human Research Committee is to identify issues relating to clinical research in the drug abuse field and recommend actions to the Board of Directors. Issues of concern to the Committee include topics relating to the ethics and safety of research with humans, methodological issues relating to design and measurement in studies with human subjects, and scientific issues of interest to clinical researchers and CPDD in general.

Committee activities so far this year have included drafting a response to new impending requirements that accompany NIH's revised clinical trial definition. Specifically, the Committee was tasked with identifying how this update may pose a series of burdens to the development and successful conduct of substance abuse research. Though the Committee recognized that the revised clinical trial revision is intended to foster greater transparency and stewardship of federally funded research, concerns emerged related to potential administrative burdens, penalties for non-compliance, and general ambiguity of case vignettes provided by NIH to clarify the new requirements.

The Committee also submitted a Forum on Technology and Ethics. The Forum includes a brief description of various specialized technologies used to capture electronic data in the context of addiction research (e.g. ecological and geospatial momentary assessment), the opportunities afforded by mining large data repositories (i.e. prescription drug monitoring programs, social media), and relevant ethical considerations and guidelines when using these resources. The talks will be bookended by an introduction and robust discussion period moderated by an expert senior discussant, Dr. John Roll. We look forward to seeing you there!

*Michele Staton, Chair*

*Jim Sorenson, Past-Chair*

*Mike Copenhaver, Aaron Johnson, Jonathan Stoltman, Larry Carter,  
Salaam Semaan, Tim Roehrs, Nicolas Schlienz, Bernard Le Foll, Sudie  
Back, Catherine Strilley, George Uhl*



**Michele Staton**

*Chair,*

*Human Research Committee*

## Education, Outreach and Public Policy (EOPP) Committee

On Tuesday June 20<sup>th</sup>, 2017 a group of scientists attending the CPDD annual meeting in Montreal, Canada devoted their day to helping staff and clients at the largest food bank in Canada. For over 30 years, the Moisson Montréal has been striving to provide the fundamental right to be well nourished. They provide food aid to over 137,000 people, including 45,000 children, each month, through donations from a network of over 300 agri-food suppliers, including wholesalers, manufacturers, and farmers, as well as from collection drives in the community. Their mission is to ensure an optimal food supply to the community organizations that provide assistance to people in crisis, and to foster the development of sustainable solutions to ensure food security.

The Moisson Montréal has organized major initiatives in the fight against hunger. The Great Food Drive for Children provides aid for parents and children living in poverty, as well as products specifically intended for babies, toddlers, and expecting mothers. In 2013, they launched The Food Recovery Program in Supermarkets (FPRS), which allows



**Colleen Hanlon**

*Chair,*

*EOPP Committee*

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## News from the Committees *continued from page 7*

the Moisson to redistribute foodstuffs that are still good for consumption, including meat and meat substitutes, and to offer a healthy and diverse menu to those in need. The FPRS involves 113 supermarkets and 87 recipient organization, serves over 58,500 meals per week, and aids over 38,000 people each month.

Our group of over 30 (!) volunteers met at the Hotel Bonaventure before setting off to the Moisson. We split into two travel groups, with some of us riding the shuttle bus, and the rest taking an adventure on the Montreal Metro. When we arrived our volunteer guide divided our CPDD team into smaller working groups. We strapped on our aprons and heavy-duty toe guards, and spent the afternoon receiving, sorting, and storing perishable and non-perishable food items for distribution to individuals in poverty throughout the city of Montreal. Overall, the 4th Annual Outreach Event proved to be another fun and memorable way to give back to the community that hosted our annual CPDD meeting.

We look forward to continuing the tradition and hosting our 5<sup>th</sup> annual event in June 2018 at the CPDD annual conference in San Diego, CA. We look forward to seeing you there! If you are interested in participating in the next Outreach event please contact Dr. Jessica Weafer, head of the EOPP Outreach subcommittee at [jweafer@uchicago.edu](mailto:jweafer@uchicago.edu)

### EOPP Committee - Reaching out to our Congressmen

In addition to outreach one of the primary goals of the EOPP committee is to be involved with educating the public about science and making sure that our local, state, and federal legislatures are aware of the value of science and research on drug and alcohol addiction. To that end, the EOPP committee has been working closely with the CPDD public policy officer, Dr. Sandra Comer, to compile pamphlets of the value of substance use research and needs for the future. These pamphlets will be a resource for the “interested public” as well as congressional staffers who will receive them at CPDD appearances in Washington DC this year.

Additionally, a group of addiction researchers at the Medical University of South Carolina (MUSC) (many of whom are CPDD members) hosted an interactive lab tour for a senior staffer for Sen. Lindsey Graham (R-S.C.). During a four-hour tour, Daniel Head, a regional director for the senator, visited MUSC’s research and treatment facilities. There he received hands-on exposure to cutting-edge clinical and preclinical research on mental health and addiction happening in his home district. The tour concluded with a roundtable discussion regarding the value of federally supported research to job creation, innovation, and patient-centric treatment development. One of the leaders of the visit, Dr. Chris Cowan stated “While it seems intimidating at first, both legislators and their staff are genuinely impressed by the work we do, which has a major impact on how they view the sciences.” If you’re interested in scheduling of your lab with your member of Congress or their staff, contact Dr. Colleen Hanlon, the chair of the EOPP committee and also a member of the Society for Neuroscience Grassroots Advocacy committee at [hanlon@musc.edu](mailto:hanlon@musc.edu) to help you coordinate.

*Colleen Hanlon, Chair*

*Dennis McCarthy, Past-Chair*

*Eduardo Butelman, Chris Cunningham, Dennis Hand, Nancy Haug,  
Amanda Quisenberry, Jessica Weafer, Erin Winstanley*

The 30 volunteers who joined the 4th Annual Outreach Event in Montreal



Daniel Head, a regional director for the Sen. Lindsey Graham in an interactive lab tour at MUSC



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### CPDD OFFICERS

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09060-870

EMAIL: [JMCMIA2@GMAIL.COM](mailto:JMCMIA2@GMAIL.COM)

News from the Committees *continued from page 8*

## Membership Committee

The Membership Committee Heard You...

We heard you....we heard from prospective members and members wanting to change status (e.g., Associate to Regular Member) that the application process was tedious, tough to navigate, and too much work. We heard you and agreed! It is with great excitement that the Membership Committee has been working with the Executive Committee in an attempt to modernize the application process and make the process smoother for everyone. Although not finalized, improvements are underway. These changes are not just in the behind-the-scenes functionality of the web-based application, but also in other ways. For example, Associate Members wanting to go to Regular Member status no longer need letters of support (provided that they have been an Associate Member for not longer than 5 years).

Membership in CPDD has important perks such as free subscription to the journal *Drug and Alcohol Dependence*, access to members only section of CPDD, membership listserv, and more! See the website for more details <http://www.cpdd.org/Pages/AboutUs/MemberBenefits.html>

If you are not a member, apply today at:

<http://www.cpdd.org/Pages/AboutUs/MembershipSubmissionProcess.html>

Please also encourage your colleagues and trainees to join! Questions about membership can be directed to the CPDD Membership Chair, Greg Homish ([ghomish@buffalo.edu](mailto:ghomish@buffalo.edu)).

Thanks for your support of the College.

*Greg Homish, Chair*

*Teri Franklin, Past-Chair*

*Jan Copeland, Virmaria Fernandez, Tom Green, Nadia Fairbairn, Shane Perrine, David Flores Philip Smith, Elias Klemperer*



**Greg Homish**  
*Chair,  
Membership Committee*

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## SURVEY RESULTS FOR THE CPDD 2017 ANNUAL MEETING

**Ellen Geller, MA**

*Director, Executive Office*

A total of 331 of 1124 attendees (about 29%) responded to our post-conference survey, of which 53% were members. Most who responded were 25-44 years of age; 60% were female. The overwhelming majority liked the venue and 80% said that they would return there for another meeting. The Bonaventure Hotel was not our original choice for the meeting headquarters; we had contracted with the Fairmont Queen Elizabeth. However, about a year before the meeting, we were notified that the renovations of that property were behind schedule and the hotel would not be open in time for our 2017 Meeting. Fortunately, we were able to move to the Bonaventure and the Sheraton, which had rooms and space availability at the planned time of our conference. When we return to Montreal in 2021, we will be at the beautifully remodeled Queen Elizabeth, which is just across the street from the Bonaventure. Some of the other questions and responses are summarized below:

***Geographic Location: Average Rating 4.28.***

Of the 314 responses, 53.5% gave Montreal a 5 (highest rating) and 28%, a 4.

***Transportation Costs: Average Rating 3.74.***

Of 310 responses, about 26% rated it 5; 37% gave it a 4; 26%, 3.

***Transportation Convenience: Average Rating 3.88.***

Ratings of 4 or 5 were each at 34%; 22% said 3.

***Registration Process: Average Rating 4.51.***

Of 311 responses, 63% gave it a 5; 29% a 4.

***Mobile App: Average Rating 3.45.***

Of 278 responses, 22% rated it a 5; 33%, a 4; 23%, a 3.

We are working towards improving it for the 2018 conference.

***Conference Food & Beverage: Average Rating 3.19.***

Of 308 responses, 32% gave it a 4; 26%, a 3; 16%, a 2

***Frosch Event Staff: Average Rating 4.14.***

Of the 254 responses, 41% rated it 5 and 37%, 4.

***ShowGear AV Staff: Average Rating 4.13.***

Of 272 responses, 39% were 5; 40%, 4.

***Overall Conference Experience: Average Rating 4.03.***

Of 278 responses, 27% said 5; 51% rated it 4; 20%, 3.

***Do you have any suggestions for future meeting sites?***

One of the locations suggested by a number of people was Denver. As a result, we did a site visit there and are considering it for a future meeting. There was a split between people who prefer somewhat isolated settings,

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Survey Results *continued from page 10*



**Loretta Finnegan, MD,**  
*Executive Officer*



**Ellen Geller, MA,**  
*Director, Executive Office*

where there is more interaction among participants, and those who prefer big cities with more choices for inexpensive housing. Aside from the issue of attendees being too spread out, a problem we have with holding the meeting in a place where there is ample off-site housing is that, in order to get the meeting space we need at no additional cost to the organization, we must guarantee a large number of sleeping rooms in the headquarters hotel. Without that guarantee, we cannot accommodate our meeting needs nor those of the satellite sessions that we host. If too many attendees make their own reservations elsewhere, leaving our room block short, then we are subject to financial damages. CPDD is best accommodated in a convention hotel that has enough sleeping rooms to include most of the group and that has adequate meeting space for our program. We will continue to look for suitable hotels in both types of environments (i.e., resorts and cities) and try to vary the selection from year to year.

***Do you have any other comments?*** For those who had complaints about not finding specific food items (e.g., soy milk), please ask the waiters/attendants or one of our meeting planner company (Frosch) agents for assistance. Although we try our best to accommodate everyone's needs, the availability of certain items varies with the facility. When you fill out the registration form, there is an area to indicate food sensitivities/restrictions. Please let us know in advance so that we can arrange to have the requested foods available.

With respect to the comment about our using only Hilton properties for the annual meeting, that is incorrect. The Bonaventure was a Hilton at one time but is no longer. The Queen Elizabeth is a Fairmont, as was the Scottsdale Princess, at which we held 4 meetings over the years. The 2019 meeting in San Antonio will be at a J.W. Marriott. Although we are not wedded to Hiltons, it may be of interest to note that CPDD, as an organization, does benefit from having meetings at their hotels because they give points to the CPDD account, which can be used for hotel stays for certain committee meetings, thus saving us money.

***Rate the Length of Conference: Average Rating 3.73.*** About 24% of 313 respondents rated it a 3 or 5; about 40% gave it a 4. In 2019, the Annual Meeting will be reduced to 4 days. We will have to experiment with ways of fitting the submissions into a more condensed time frame, such as 5 simultaneous sessions and a 5<sup>th</sup> poster session. Shortening the meeting may please some in terms of cost and time away, but others, who commented that they had too many conflicts and not enough breaks in the scheduling, may find it too intense.

Many thanks to all who participated. We will send another survey after each meeting to get your feedback and hope that even more of you will respond to give us a better representation of the opinions of our members who attend the annual meeting. Should you have any additional comments, please feel free to contact the CPDD Executive Office at any time.



## DRUG AND ALCOHOL DEPENDENCE CORNER

*Eric C. Strain, MD, Editor-in-Chief*

### Editor's choice articles

<https://www.journals.elsevier.com/drug-and-alcohol-dependence/editors-choice/editors-choice-dad>

### **Gender differences in the real-world effectiveness of smoking cessation medications: Findings from the 2010–2011 Tobacco Use Supplement to the Current Population Survey**

*Philip H. Smith, Ju Zhang, Andrea H. Weinberger, Carolyn M. Mazure, Sherry A. McKee* (Drug and Alcohol Depend. 2017; 178: 485-491)

Cigarette smokers who are trying to quit and utilize medication assisted treatment, are most likely to use varenicline or nicotine patch. Across tightly controlled randomized clinical trials, varenicline out-performs nicotine patch among women; for men, the difference is less evident. In 3,500 smokers quitting in real-world contexts, we found that varenicline similarly outperformed nicotine patch among women, with no difference among men. This combined evidence strongly indicates that varenicline should be recommended as the preferred first-option treatment for women; for men, factors such as access, side effects, or preference may play a more prominent role in clinician decisions.

### **Emotion Differentiation Predicts Likelihood of Initial Lapse following Substance Use Treatment**

*Deepika Anand, Yun Chen, Kristen A Lindquist, Stacey B Daughters* (Drug Alcohol Depend. 2017; 180: 439-444)

Relapse following substance use treatment is common and often motivated by the need to cope with intense negative affect. Individuals who can differentiate among various emotion states (e.g., shame, anger) are thought to have better control over their behavior when experiencing negative affect. The current study aimed to determine whether higher levels of emotion differentiation is associated with a lower risk of relapse. Results indicate that patients entering residential substance use treatment who have higher emotion differentiation had a lower likelihood of relapsing up to 1 year following treatment. Emotion differentiation may be a modifiable skill to address in future research.

## 80<sup>th</sup> Annual Meeting

### **LOCATION**

Hilton Bayfront Hotel, San Diego, California

### **DATES**

June 9<sup>th</sup> - 14<sup>th</sup>, 2018



### **DEADLINES**

#### **Abstract Submission**

December 1<sup>st</sup>, 2017

#### **Awards for Excellence Nominations**

February 1<sup>st</sup>, 2018

#### **Late Breaking Research Submission**

April 13<sup>th</sup>, 2018

#### **Early Bird Registration**

April 16<sup>th</sup>, 2018